Authentic. Natural. You.

Essential Oil Classes

May & June 2017 www.kimbiegel.com/natural-living

Tuesday, May 16 8:00 pm Wednesday, May 23 8:00 pm Wednesday, May 31 8:00 pm

Introduction to Essential Oils

After this class you will be able to: •Explain what essential oils are and where they come from.

- Understand the many uses of oils
- •Use oils safely and effectively.
- ${}^{\circ}\text{Identify}$ which oils are right for you and your family.

Wednesday, June 14 8:00 pm

Introduction to Essential Oils

After this class you will be able to: •Explain what essential oils are and

where they come from.

- Understand the many uses of oils
- •Use oils safely and effectively.
- •Identify which oils are right for you and your family.

Emotional Aromatherapy

After this class you will be able to:

- •Explain the science of aromatherapy.
- •The different oils used in emotional aromatherapy.
- •Use oils safely and effectively.
- •Identify which oils are right for you and your family.

Wednesday, June 21 8:00 pm

Essential Oils and Kids

After this class you will be able to:

- •Understand ways you can safely use oils with children.
- •Take a more pro-active approach to your child's health.
- •Identify which oils are right for you and your family.

Oils for the Horse and Rider

After this class you will be able to:

- •Use essential oils safely on horses.
- •Create your own essential oil recipes such as bug spray.
- •Identify essential oils that help the rider.

Wednesday, June 28 8:00 pm

Introduction to Essential Oils

After this class you will be able to:

- •Explain what essential oils are and where they come from.
- Understand the many uses of oils
- •Use oils safely and effectively.
- •Identify which oils are right for you and your family.

Register for classes at www.kimbiegel.com/natural-living or by emailing oils@kimbiegel.com



Are you new to essential oils or just looking for better ways to use the oils you have?

Our classes are designed to help you achieve a healthier, happier more natural lifestyle by empowering you to harness the power of doTERRA essential oils and products.

We'll also host custom classes and activities for you online, in your home, workplace or farm.